

INSTRUCTIONS FOR PATIENTS PRIOR TO GENERAL ANESTHESIA OR SEDATION

Eating And Drinking

Patient is **Not** permitted to eat anything **after Mid-Night** before the day of surgery. Patient can have Clear Fluids permitted by the Anesthesiologist up to 3 Hours Before appointment. No Gum, Mint or Sucking Candy allowed. Patients who fail to follow this rule will be turned away. Not following these guidelines properly can result in medical emergency.

Food is also not permitted in waiting area as courtesy to other patients who are awaiting treatment and can't eat.

Medication

Please **take** all your prescription medications normally as you usually do unless otherwise instructed by your doctor. Medication should be taken **first thing in the morning** with only a **small sip** of water. If your child has **Asthma**, please give breathing/Nebulizer treatment at bedtime on the day before procedure and 1 hour before your appointment. Please bring the asthma medication with you on the day of your surgery.

Clothing and Makeup

Please wear loose fitting pants and shirt with short sleeves. For children being treated please bring an **Extra set of clothes**. If you wear Contact Lenses please remove them before coming to your appointment. Do not use any lotion, oils or petroleum based products on the day of surgery.

Change in Health

If there is any **change in health** of the patient, especially development of **Cold** and **Fever** please call us immediately. It is Very important that we know about the change in health for the safety of patient.

Arriving

A responsible adult must drive the patient to the office. A Parent or a Legal Guardian **MUST** accompany a pediatric patient to the appointment and **Stay** in office during the procedure. Do not Bring any other children with you to the appointment.

Procedure

Please remember that some Full Mouth Rehabilitation procedure can run longer than expected. Please be patient if you have to wait longer for your appointment. We take pride in providing utmost care for every patient we see. We certainly afford you or your child same extra time and attention when your turn comes.

Getting Home

A responsible Adult must drive an adult patient home. Any child receiving Anesthesia must be taken home Parent/Guardian and a Second adult. All patients should be in a car seat or if old enough should wear a seat belt and be sitting in an upright position on their way home. Adult patients should not drive a vehicle or operate any machinery for 24 Hours after treatment. Patients should not make any important decisions or sign any documents as their judgment may be impaired for 24 to 48 hours. Pediatric patients should be closely monitored at home. They should not indulge in any sort of outdoor activities. The day should be spent indoors watching movies or playing board games.